

## Case Studies

### **Case Study – Short Breaks**

**Social Services Crisis:** Husband and wife, wife has Chronic Obstructive Pulmonary Disease (COPD) and needs constant oxygen and husband is elderly. Husband fell from roof while making repairs due to storm damage and broke ribs. He could not lift or bend down. No existing care package as they were managing. Service supported for 5 weeks to do what they needed including help with eating and drinking to allow time for recovery. No on-going care package needed and our service has ended.

Outcome: Avoided more expensive short term residential placement

**Health Referral – Crisis:** Cardiac Nurse and Community Matron from Deal telephoned. Unable to send a patient with oedema and heart failure to hospital, as wife with Parkinson's needs care. Support provided within ¾ hr and care/support arranged over Christmas until care package arranged to commence 3rd January.

Outcome: Avoided costly hospital admission

**Health Appointment:** Carer was able to telephone the provider direct to book replacement care services to enable her to attend an urgent hospital appointment in London to receive critical treatment for a rare tumour on her leg.

Outcome: Improved health and wellbeing for carer. Relieved the stress by knowing the person she cared for would be supported.